



[www.carinaleaguestriathlonclub.com.au](http://www.carinaleaguestriathlonclub.com.au)

Club Patron: Loretta Harrop

13<sup>th</sup> November 2006

## **Carina Leagues Athletes Excel at All Schools Queensland Triathlon Championships**

Nick Maeder, 16, of Murrarie, was 2<sup>nd</sup> in the Open Age All Schools State Championships in a time of 1 hour and 43 seconds for the 750 m swim, 20 km cycle and 5 km run triathlon.

The All Schools Triathlon event was held last Sunday, 12<sup>th</sup> November 2006, at Lakeside. Races were run over various distances depending on competitors' ages.

Athletes under 14 completed a 400 m swim, 12 km bike, 3 km run, while competitors in the under 16 category had to complete a 600 m swim, 16 km bike and 5 km run.

Carina Leagues Triathlon Club Coach, Warwick Dalziel, said, "It was a fantastic achievement to have 14 junior athletes from our club, race and qualify for regional teams to compete in the State Championships in February next year across the 3 separate distances.

"This is the biggest representation we have ever had and these athletes will be aiming to improve their times substantially before February", Warwick added.

New club members are always welcome at the Carina Leagues Triathlon Club with many races remaining in the triathlon season.

Warwick also said, "we are searching for an Assistant Coach to help cope with the growing numbers in our triathlon club".

"The Assistant Coach position would suit a student wanting to study Human Movements or a first year Human Movements student who would like to enter sports coaching. The successful applicant will gain excellent practical experience from a structured program that will develop a range of skills within the Carina Leagues Triathlon Club", Warwick added.

Please contact Warwick Dalziel at [coach@clemjonescentretriathlonclub.com.au](mailto:coach@clemjonescentretriathlonclub.com.au) if you are interested in the Assistant Coach position.

For further information about the Carina Leagues Triathlon Club log on to the website at [www.clemjonescentretriathlonclub.com.au](http://www.clemjonescentretriathlonclub.com.au)

***END***

For more information please contact Warwick Dalziel on 041 1615474