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Club Patron: Loretta Harrop

19th March 2007

Three Athletes Win their Age Groups at the Queensland Sprint Triathlon Championships – Bribie Island Triathlon

Lauren Critchley and Scott McGregor won the 16-17 years female and male age group respectively while Cara Schadel also won the female 20-24 years age group completing an outstanding trifecta for the Carina Leagues Triathlon Club at the Queensland Sprint Triathlon Championships at Bribie Island on the 18th March 2007.

Lauren completed the race in 1 hour 5 minutes 30 seconds, Scott in 1 hour 3 minutes 29 seconds and Cara in 1 hour 12 minutes 39 seconds for the 750 m tide assisted swim, 20 km bike and 5 km run event.

Triathlon Coach Warwick Dalziel said, "This was an excellent reward for the effort from these 3 athletes after training well all season at the Clem Jones Centre".

Other athletes from the Carina Leagues Triathlon Club in the top 3 finishers for their age group were Julio Bara who was 2nd in the male 18-19 years age group in 1 hour 5 minutes 34 seconds, Elisabeth Topham who was 3rd in the female 25-29 years age group in 1 hour 6 minutes 42 seconds and Emma Kline who was 3rd in the 13-15 years age group in 1 hour 12 minutes 6 seconds.

The club had 12 other members successfully complete the 750 swim, 20 km ride and 5 km run event and another 5 members compete in the 300 m swim 12 km bike and 3 km run Shortcourse event at Bribie Island.

Congratulations go to Aryan Taef and Gareth Traynor who both completed their first triathlon from our training group in the Shortcourse event.

"We have the Mooloolaba Triathlon Festival next weekend where at least 30 club members are looking forward to racing in both individual and team events.

"Based on the number of athletes from our group who did personal best times at the Bribie Island Triathlon we will have a number of athletes expecting to race well at Mooloolaba", Triathlon Coach Warwick Dalziel said.

"For more information about the Carina Leagues Triathlon Club please log on to www.carinaleaguestriathlonclub.com.au

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