



www.carinaleaguestriathlonclub.com.au

Club Patron: Loretta Harrop

12th May 2007

Another Strong Season for the Carina Leagues Triathlon Club

Carina Leagues Triathlon Club members recorded some fantastic results last season from races around Brisbane, the Gold Coast, the Sunshine Coast and various other centres, including Canberra and Malaysia.

At the National Secondary Schools Triathlon Championships in Canberra on 21st March, Elle Salthouse, 13, of Balmoral, was second in the female U/14 division, usually a 1.5 km run, 12 km cycle and 3 km run event. Unfortunately the swim leg of the triathlon race was cancelled due to high levels of algae in the lake reducing the race to a run, bike and run event rather than a swim, bike and run event of a normal triathlon.

Ryan Isaacs and Brad Chittick, were 12th in the Open boys and U/16 boys events respectively. For Elle, Ryan and Brad it was the first time they had qualified to compete for Queensland in the National Secondary Schools Championships after training at the Carina Leagues Triathlon Club for between 2 to 3 years.

"This was a club record to have four junior athletes qualifying for state teams to compete in the National Secondary Schools Triathlon Championships which included Nick Maeder who represented Western Australia after recently moving to Perth," Triathlon Coach Warwick Dalziel said.

Josh Maeder, 19, came second as the 16-19 years International Triathlon Union (ITU) Australian Junior Triathlete of the Year after placing 3rd at the National Junior Camp in mid-March at Runaway Bay. He qualified for the Australian ITU junior squad to compete in the World Championships in Hamburg, Germany, on 1st and 2nd September 2007.

On the weekend of 24-25th March we had 14 club members compete in team and individual events during the Mooloolaba Triathlon Festival. A number of people, including Ian Roduner, Andrew Stewart, Liz Topham and Brian Zutt, recorded personal best times in the 1.5 km swim, 40 km bike and 10 km run event.

The club also had four members, Dave Brown, Paul Barnes, Steve Foster and Dominic Burgnon, finish the Ironman Australia event of 3.8 km swim 180 km bike ride and 42 km run event held on 1st April 2007.

Anyone keen for more information about the Carina Leagues Triathlon Club should log on to the new website at www.carinaleaguestriathlonclub.com.au as training for this year's triathlon season commenced in the first week of May. All new members are most welcome.

Warwick Dalziel