



www.carinaleaguestriathlonclub.com.au

Club Patron: Loretta Harrop

30th October 2006

Josh Maeder Wins Open Age Group at the 2006 Noosa Triathlon

Josh Maeder, 18, of Murrarie competing in his third Noosa Triathlon won the Open Age Group Category at the Noosa Triathlon on Sunday 29th October.

He recorded his best ever finish, with a time of 1 hour 55 minutes and 26 seconds, completing the overall swim, bike, run course faster than many older and more accomplished athletes making a statement that he is on target to achieve his lofty goals.

Josh's times for each leg of the Noosa Triathlon were 19 minutes 35 seconds for the 1.5 km swim, 1 hour 1 minute 18 seconds for the 40 km bike, and, he had a strong final leg 10 km run in 34 minutes and 32 seconds.

Josh Maeder said, "I was extremely pleased that all my training over the past 6 months has worked well and I was extremely pleased that I raced well on the day".

Josh's coach at the Carina Leagues Triathlon Club, Warwick Dalziel, said Josh is a much improved athlete and looks forward to further improvement during the year.

Travis Gaskin, 18, from the club was placed 2nd in the male 16-19 years category in a time of 2 hours 3 minutes and 4 seconds.

The world famous 24th Annual Noosa Triathlon was held on Sunday 29th October 2006.

Over 5000 athletes from around Australia and the world completed the challenging, 1.5 km swim/ 40 km bike/ 10 km run event.

"We had 13 members from the Carina Leagues Triathlon Club compete in the main individual event and everyone from the club had a very enjoyable weekend staying together for the race", Warwick Dalziel said.

"New triathlon club members are always welcome, with a long and successful season expected to continue for the club after the first major race of the season at Noosa," Warwick said.

Anyone interested in joining the Carina Leagues Triathlon Club should log on to the website at www.clemjonescentretriclub.com.au for further information.

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For more information please contact Warwick Dalziel on 041 1615474