



www.carinaleaguestriathlonclub.com.au

Club Patron: Loretta Harrop

Three Qualify to Compete at the Nationals

Elle Salthouse, Ryan Isaacs and Brad Chittick from the Carina Leagues Triathlon Club have qualified to compete for Queensland in the National Secondary Schools Championships in March in Canberra.

Elle Salthouse, 13, of Balmoral, was second in the female U/14 Secondary Schools Triathlon Championships in a time of 46 minutes for the 400 m swim, 12 km cycle and 3 km run event.

Ryan Isaacs, 17, from Carindale, was fourth in the open male event in a time of 1 hour 5 minutes 27 seconds for the 750 m swim, 20 km cycle and 5 km run race.

While in the U/16 event Brad Chittick, 15, of Carina completed the 600 m swim, 16 km cycle and 4 km run event in 53 minutes 49 seconds finishing strongly enough to take the final position for his age group in the Queensland team.

The qualifying Queensland Secondary Schools Triathlon was held just recently on 9th and 10th of February, at Redcliffe. It is a major focus for the junior athletes who train at the club.

The club had nine other junior athletes qualifying for regional teams and competing in these Triathlon Championships.

Coach Warwick Dalziel, said: "It was great to see three athletes from our squad make a Queensland team – even better when this is a first time for all three of them.

"A number of the other nine junior athletes at the club also did personal best times in their Redcliffe races. It was pleasing to see people perform so well and get very good rewards for their dedication," Warwick added.

The Carina Leagues Triathlon Club website is www.carinaleaguestriathlonclub.com.au

ENDS

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