



[www.carinaleaguestriathlonclub.com](http://www.carinaleaguestriathlonclub.com)

Club Patron: Loretta Jones (*nee Harrop*)

15<sup>th</sup> October 2007

## **Josh Maeder Wins the Opening Triathlon of the Season**

After returning from a 13<sup>th</sup> placing at the recent 16-19 years Triathlon World Championships in Hamburg, Germany Josh Maeder, 19, of Coorparoo won the first Gatorade Series Race held at Raby Bay on Sunday 14<sup>th</sup> October.

Josh's time was a very creditable 42 minutes and 9 seconds for the 400 m swim 15 km bike and 4 km run event.

"This win was an excellent reward for all the training Josh had put into training over the last six months. Josh's preparation is very much on track for him to compete in the professional division at this year's Noosa Triathlon," Coach Warwick Dalziel said.

In the female elite division, and in her first race in Open company in the same Gatorade series, Ellie Salthouse, 14, of Balmoral was outstanding gaining a fourth placing overall in 49 minutes 26 seconds. "This was a remarkable achievement for such a young person," Warwick added.

Other top finishers for the Carina Leagues Triathlon Club in the 400 m swim 15 km bike/ 4 km run were Emma Kline who was first and Jessica Smith who was third in the 16-19 years female category in 57 minutes and 5 seconds and 57 minutes and 50 seconds respectively.

In the 200 m swim/5km bike/2km run enticer triathlon, Sam Betten was first in under 16 male category in 25 minutes, while Rhiannon Roberts was second in the adult 16-34 category in 26 minutes and 23 seconds.

"It was great to see these club members show improvement and I am extremely pleased with their performances at this stage of the triathlon season," Warwick said.

"Ten new club members are to be congratulated for successfully completing their first triathlons, especially the six members from our junior beginner triathlon program who performed very well in their first race.

"It is important to have all the athletes within our group prepare with a number of races before the Noosa Triathlon to be held in three weeks time. Our club is aiming to have its largest number of entrants ever," Warwick said.

He added anyone interested in joining training is welcome to contact the Carina Leagues Triathlon Club, through the website at [www.carinaleaguestriathlonclub.com](http://www.carinaleaguestriathlonclub.com)

**ENDS**

For more information please contact Warwick Dalziel on 041 161 5474