



[www.carinaleaguestriathlonclub.com](http://www.carinaleaguestriathlonclub.com)

Club Patron: Loretta Jones (*nee Harrop*)

21<sup>st</sup> January 2008

## **Josh Maeder 3<sup>rd</sup> Placing at Gatorade Series Race 4**

The 4<sup>th</sup> Gatorade Series Race was held on Sunday the 20<sup>th</sup> January 2008 at Robina on the Gold Coast.

The open male field was one of the strongest seen in the Gatorade Series of triathlon races for many years. The top six male finishers on the day have all been placed on an Australian Junior or Under 23 team to compete at World Triathlon Championships in the last two years.

Josh Maeder 19, of Cannon Hill was 3<sup>rd</sup> in this high quality field.

Josh's time was 57 minutes and 32 seconds for the 750 m swim 20 km bike and 5 km run event.

Triathlon Coach Warwick said, "We are still in heavy training at this stage of the season and with a taper I expect Josh will go even faster later in the season".

Another Carina Leagues Triathlon Club Member, Reece Heald, 17 of Carina was 8<sup>th</sup> in the open event. This was his first top 10 finish in his fourth ever triathlon race.

"These results for both Reece and Josh were excellent reward for all the effort these guys have put into training over Christmas where they only had two days off".

"Their preparation is very much on track for the Australian Triathlon Series which begins next week in Canberra", Warwick Dalziel said.

Anyone interested in joining training is welcome to contact the Carina Leagues Triathlon Club, through the website at [www.carinaleaguestriathlonclub.com](http://www.carinaleaguestriathlonclub.com)

**ENDS**

For more information please contact Warwick Dalziel on 041 161 5474