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Club Patron: Loretta Jones (*nee Harrop*)

Three Young Athletes Qualify for the Nationals

Three triathletes from the successful Carina Leagues Triathlon Club could all be competing for Queensland in the National Secondary Schools Championships in Devonport Tasmania in March.

Ellie Salthouse, 14, of Balmoral, qualified after finishing second in the female U/16 Secondary Schools Triathlon Championships, while Emma Kline, 16, and Rhiannon Roberts, 16, both of Bulimba finished 6th and 7th in the open female event respectively and will also qualify providing they pass a bike skills test in early March.

Ellie finished her race in a very creditable time of 54 minutes 59 seconds for the 600 m swim, 16 km cycle and 4 km run event.

The Queensland Secondary Schools Triathlon Championships are a major focus for the junior athletes who train at the Carina club and were held recently at Suttons Beach, Redcliffe.

The club had thirteen junior athletes qualify for the Metropolitan East Regional Team to compete in these championships.

Nine members competed last year so the club increased participation this year.

Head Triathlon Coach Warwick Dalziel said the increase in club numbers was due to the excellent 9-13 years program that his Assistant Coach, Jaimie Trotter, has been running at the Clem Jones Centre at Zahel Street, Carina.

“The Junior Beginner Triathlon Program runs for four sessions a week until the 27 March 2008, resuming after the winter break on Monday 1 September 2008,” Dalziel said.

“It was great to see three athletes from our squad make a Queensland team – even better when you consider Rhiannon and Emma may make the trip for the first time.

“Some of the ten junior athletes at the club also did personal best times in their Redcliffe races.

“It was pleasing to see people perform so well and get very good rewards for their dedication to the sport,” Dalziel added.

For more information about the Carina Leagues Triathlon Club please see our website at www.carinaleaguestriathlonclub.com

ENDS

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