



About Our Club

We are an established community-based Triathlon Club that provides a safe, inclusive and supportive environment for athletes to develop their fitness and skills from beginner to professional or age group level.

We deliver this through:

- Excellence in development and retention of high-quality coaching
- Implementation of innovative programs tailored to the goals of the athlete
- Provision of quality training equipment and resources for our athletes

Our Squads:

Junior Squad	Adult Age Group Squad
<p><i>For children of all ability levels, aged 8-18. Our junior program runs all-year-round. With juniors racing both socially and competitively, up to the national level, there is always a chance for growth and improvement.</i></p>	<p><i>For triathletes of all ability levels, our adult squad encourages individual achievement while maintaining a social environment. Our squad members race over all standard distances.</i></p>
<p><u>Training Times</u> Monday-Thursday 4:45-6:30pm Saturday 6:00-8:30am Sunday 6:00-8:00am</p>	<p><u>Training Times</u> Monday-Friday 5:30-6:45am Saturday 5:30-8:30am Sunday Organise own rides</p>
<p><u>Training Fees</u> \$100/month (development) \$125/month (competitive) \$10 casual rate</p>	<p><u>Training Fees</u> \$180/month \$10 casual rate *\$130/month for Clem Jones Centre members</p>
<p><i>For more information:</i> Jordan Curd Head Junior Squad Coach 0432 525 835 juniorcoach.cltc@yahoo.com</p>	<p><i>For more information:</i> Rob Foxley-Conolly Adult Squad Coach 0419 758 431 coach.cltc@yahoo.com</p>